



22.00

ANY 2 COURSES
STARTER & MAIN OR
MAIN & DESSERT

Lunch Set Menu

MON-FRI 12PM-4PM

STARTERS

ZUPPA DEL GIORNO **V & GFO**

Soup of the day served with focaccia.

PROSCIUTTO & MOZZARELLA CROSTINI **GFO**

Oven-baked baby mozzarella and prosciutto ham, lightly toasted Italian bread with rocket & balsamic glaze.

HUMMUS AND BREAD **V, VE & GFO**

Hummus served with rosemary focaccia.

BRUSCHETTA **V, VEO & GFO**

An Italian classic. Marinated tomatoes, oven-roasted tomatoes, basil and fresh rocket form a colourful cocktail of flavours on toasted Italian bread. Drizzle of extra virgin olive oil served with green pesto.

ARANCINI **V**

Italy's favourite dish! Rice balls coated with breadcrumbs, deep fried & stuffed with mozzarella. Served with salsa picante, parmesan & rocket.

CAPRA GRILL **V & GFO**

Crumbly melted goats cheese on ciabatta with caramelised onions, marinated tomatoes, rocket and balsamic glaze.

MAINS

PASTA

LINGUINE ALLA BOLOGNESE **GFO**

Linguine pasta with a classic tomato and minced beef bolognese sauce. Rigatoni pasta is available, just ask your server.

LINGUINE CON GAMBERONI **GFO**

Marinated king prawns, chilli, lemon, garlic, capers, fresh tomatoes & parsley.

HOMEMADE LASAGNE AL FORNO

Slow-cooked beef bolognese with layers of egg pasta, bechamel sauce, parmesan & mozzarella.

LINGUINE ALLA CARBONARA **GFO**

A traditional approach. eggs, parmesan, pancetta.

CASARECCE DEL GIARDINO **V, VEO, GFO**

Grilled vegetables, San Marzano tomato sauce, & garlic. *(Add chicken +2.50)*

RIGATONI ALL'ARRABIATA **V, VEO, GFO**

Pasta at its purest and simplest. Freshly chopped tomatoes, basil & chillies. *(Add chicken or nduja for +2.50)*

RISOTTO FUNGHI **GFO**

Arborio rice, chestnut mushrooms, cream & parmesan. *(Add chicken +2.50)*

GLUTEN-FREE OPTIONS +1.00

INSALATAS

INSALATA CAPRINA **V, GFO**

Countryside classic features crumbly, melted goat's cheese on a ciabatta with a mixed salad. San Marzano tomatoes, roasted onions and cucumber finished with balsamic glaze and an extra virgin olive oil drizzle.

CHICKEN CAESAR SALAD **GFO**

Pan-fried chicken breast, lettuce, Caesar dressing, topped with croutons & parmesan cheese.

PIZZA

PIZZA PRIMAVERA **V, VEO, GFO**

San Marzano tomato sauce & mozzarella base, topped with rocket & parmesan and extra virgin oil.

PIZZA INFERNO **GFO**

Pepperoni and chillies on a San Marzano tomato sauce and mozzarella base.

PIZZA UOVO **V, GFO**

San Marzano tomato sauce and mozzarella base with baby spinach, black olives, a baked egg cooked how you would like, topped with parmesan cheese & garlic oil.

CALZONE **GFO**

Mozzarella, San Marzano tomato sauce, ham & chestnut mushrooms.

GLUTEN-FREE OPTIONS +2.00

PIADINA

A pizza-dough wrap, freshly baked and folded around your choice of fillings. Served with chips. Choose From:

GRILLED VEGETABLES **V, VEO**

With green pesto, mozzarella, parmesan and fresh rocket.

POLPETTE

Meatballs with a spicy San Marzano tomato sauce, basil pesto, mozzarella and fresh rocket.

POLLO

Pan-fried chicken breast with fresh tomatoes, green pesto mayonnaise, parmesan and fresh rocket.

SMOKED HAM

With fresh buffalo mozzarella, green pesto and fresh rocket.

DESSERTS

TIRAMISU

Alternate layers of liqueur-soaked sponge and whipped cream, delicately sprinkled with cocoa powder.

TORTA AL CIOCCOLATO **GF**

Chocolate cake, served hot or cold with cream.

IL NOSTRO PREFERITO **VEO, GFO**

Lemon cheesecake served with a raspberry coulis.

GELATO **GF**

Choose from: Vanilla, chocolate, honeycomb, salted caramel, strawberry.

SORBET **VE, GF**

Please ask your server for available flavours.

SIDES ALL £4.95

CHIPS **V, VEO**

NEW CHARLOTTE POTATOES **V, VEO, GFO**

With olive oil, parsley, garlic & rosemary.

MIXED SALAD **V, VEO, GFO**

ZUCCHINI FRITTERS **V**

ROCKET & PARMESAN **GF**

With balsamic glaze.

ONION RINGS

GRILLED VEGETABLES

V, VEO, GFO

GF = Gluten Free | VE = Vegan | V = Vegetarian | O = Options

Please ask your server about ingredients before ordering. We cannot guarantee dishes are free from nuts or derivatives. Fish may contain bones; olives may contain stones. Cooking oil may contain GM products. All items are subject to availability and include VAT.

